

ADRA UKRAINE

NEWSLETTER

2024 / NOVEMBER





Projects supported by Japanese Donors: Financial, In-kind and Psychological Assistance

Anastasiia Varfolomieieva is the project manager of two ADRA Ukraine initiatives involving Japan: Japan Platform 4 (JPF4) and ADRA Japan Winterization. She also serves as the MPCA coordinator, overseeing the distribution of multipurpose cash assistance across various projects. Today, Anastasiia shares insights about activities supported by Japanese donors.

— *Anastasiia, could you briefly introduce the Japan Platform 4 project? What are the purposes of the project?*

— The "JPF4" is the fourth project supported by [Japan Platform](#), an international humanitarian organization specializing in crisis response. Collaboration with this organization began at the beginning of the full-scale war. In previous phases of the project, we partnered with [ADRA Slovakia](#) and [ADRA Japan](#) to provide food kits and winterization support. The current phase of the "JPF4" project started in May of this year and is implemented solely by ADRA Ukraine, without Slovak partners, focusing on purchasing and distribution of humanitarian aid.

This project includes three main components:

- Financial assistance;
- In-kind assistance (food and hygiene kits, fuel briquettes);
- Psychological support for beneficiaries.

— *Could you tell us about the components in the details?*

— **Let's start with in-kind assistance.** Food and hygiene kits were distributed to communities with limited access to markets and banking services in Zaporizhzhia (Orikhivska community) and Kherson (Mylivska community) regions. Distribution took place in late July and early August. Additionally, 105 tons of fuel briquettes were provided to IDP centers in Zaporizhzhia and Dnipro cities.

Food kits included pasta, grains, canned meat and fish, as well as basic hygiene products like toothbrushes, toothpaste, and detergents. Post-distribution monitoring indicated that beneficiaries rated the kits highly.

Cash assistance was primarily provided to elderly people, IDPs, and individuals with disabilities from Donetsk, Zaporizhzhia, and Kherson regions. In June and July, 660 beneficiaries received ₾10,800 each.

Psychological support is provided online, including a helpline and up to six individual sessions with psychologists. Since May, over 1,200 beneficiaries have received individual or group support. The number of sessions can be increased if needed.

— *What is the role of ADRA Japan in the implementation of these projects?*

— Japan Platform is the primary donor, and ADRA Japan acts as the Supporting Office, facilitating communication with the donor and securing new projects. As the implementing side, we are responsible for executing the projects.

— *Can you tell us about the ADRA Japan Winterization project?*

— The ADRA Japan Winterization project supports the people during the winter season, funded by ADRA Japan through its charitable contributions. The project includes the provision of fuel briquettes to IDP centers in the Dnipro region.

A key component is cash assistance. For example, in November–December, 310 beneficiaries from the Kharkiv region received ₾10,800 each. And this project has the purpose to increase this number up to 570 people.



Thanks to caring people from Japan, helping hands have reached even residents of far villages

— *What special events are planned for children in the winter project?*

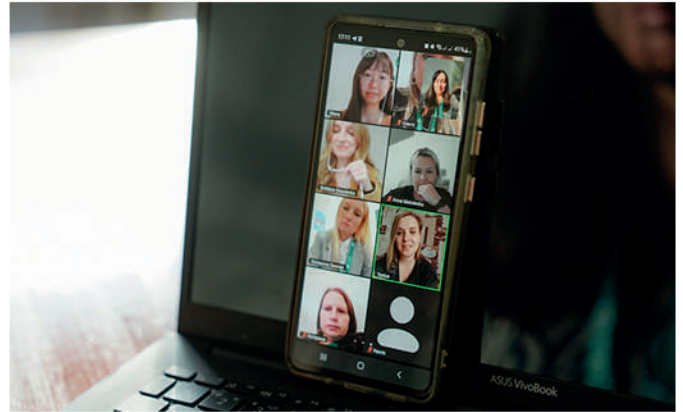
— For Christmas, we will organize festive events for children in IDP centers and hospitals, including "superhero schools" - the schools for children with chronic illnesses. Our psychologists will hold ten Christmas events, and children will receive holiday gifts. This year's gifts will include thermoses, lunchboxes, art supplies, and creative materials with a New Year theme.

— *What is planned for the future?*

— The project includes plans to expand psychological support, which will commence in 2025.



Distrib. of hygiene and food kits in Sumy region



Psychologists meeting with a partner from Japan



Teamwork – more chances for high results



Distrib. of hygiene and food kits in Donetsk region



Volunteers are happy when they support people



A truck donated by the people of Japan to ADRA

Assistance activity statistics for November 2024

Component	Number of beneficiaries	Count of support	Region of assistance	Donor Name
Food Security	214 761 people	89 530 fod kits 471 097 loaves of bread	Kharkiv, Mykolaiv, Kherson, Dnipro, Lviv regions	The UN World Food Programme, ADRA Switzerland, Aktion Deutschland Hilft, Ministry of Foreign Affairs of the Czech Republic
Legal Assistance	288 people	288 consultations	Dnipro, Kyiv regions	Aktion Deutschland Hilft, Ministry of Foreign Affairs of the Czech Republic
PSS	5 066 people	2 027 individual sessions 2 196 group sessions 843 trainings	All of Ukraine	Japan Platform, ADRA Japan, ADRA Sweden, Radiohjälpen, ADRA Denmark, Danish International Development Agency (DANIDA), Ministry of Justice Government of the Faroe Islands, Aktion Deutschland Hilft, Ministry of Foreign Affairs of the Czech Republic
IDPs Protection Centres	1 209 people	5 collective centres (shelters)	Khmelnyskyi, Zhytomyr, Poltava, Dnipro, Kyiv regions	ADRA Sweden, Radiohjälpen
Winterization	262 households 1 234 people	262 tons of fuel briquettes (one ton per household) 104 tons of fuel briquettes for 10 shelters	Mykolaiv, Kharkiv, Zaporizhzhia, Dnipro regions	Danish International Development Agency (DANIDA), Japan Platform, ADRA Japan
Social transportation	2 303 people	114 trips	Dnipro, Donetsk, Zaporizhzhia, Kherson regions	Aktion Deutschland Hilft, Ministry of Foreign Affairs of the Czech Republic
Education MHPSS	491 people	166 individual sessions, 226 group sessions, 67 psychotherapy sessions, career guidance: 37 people, co-financing of studying for 14 students	Lviv, Dnipro, Kyiv, Kherson, Poltava regions	ADRA Australia, ADRA Germany, German School Schulzentrum Marienhöhe
SCLR	6 public organizations	1 741 054 UAH (41 531 USD)	Kharkiv region	Danish International Development Agency (DANIDA)
MPCA	478 people	5 162 400 UAH (123 145 USD)	Kharkiv region	Danish International Development Agency (DANIDA)



Cooperation of ADRA Ukraine with representatives of the Czech Republic was discussed at a meeting at the Embassy

In Kyiv, at the Embassy of the Czech Republic in Ukraine on November 14, representatives of ADRA Ukraine met with Jakub Lewandowski, a diplomat on development cooperation. The meeting was attended by the head of the charitable organization Leonid Rutkovskiy, program director Maryna Savchuk, project manager of the “WMT Ukraine” project Kateryna Kanuntseva.

ADRA Ukraine employees reviewed the achievements of the organization for 2022-2024, future and current projects, including those that are implemented with the financial support of the Czech Republic. They also presented a presentation of the current the “WMT Ukraine” project, which is currently being implemented in the Dnipro, Kherson, Donetsk, Zaporizhzhya, Lviv, Kharkov, Zhytomyr, Kyiv and Chernihiv regions. This project involves the provision of clean drinking water, psychological support and social transport for the people in Ukraine affected by the war.

The participants also discussed the possibility of further cooperation between ADRA Ukraine and representatives of the Czech Republic, priority areas and areas of activity to support the population of Ukraine affected by the hostilities.

Published on: 14 / 11 / 2024

The publication on the website:

<https://www.adra.ua/en/cooperation-of-adra-ukraine-with-representatives-of-the-czech-republic-was-discussed-at-a-meeting-at-the-embassy>



Children's hospital "Ohmatdyt" received medical equipment with the support of ADRA Poland

On November 20, ADRA Ukraine delivered to [the Kyiv Children's Hospital "Ohmatdyt"](#) a device for heating patients, as well as 22 heat-stabilizing pediatric mattresses. The equipment was purchased at the expense of [ADRA Poland](#).

The device for heating patients allows the hospital to heat simultaneously several mattresses to which it is connected. The equipment is designed for children recovering from operations, especially in the cold season.

In July of this year, the Ohmatdyt hospital was hit by a missile strike. Then the building was seriously damaged, there were also adult casualties and injuries among children.

Published on: 20 / 11 / 2024

The publication on the website:

<https://www.adra.ua/en/children-s-hospital-ohmatdyt-received-medical-equipment-with-the-support-of-adra-poland>



More than two hundred children for three months emotionally recovered in the "Your Camp"

In the village of Rzhavintsy, Chernivtsi region, the third rehabilitation run of the “Vidnovlennya” (EN: restoration) project was completed for children of dead soldiers, combatants and servicemen of the Armed Forces of Ukraine, as well as for children in difficult life circumstances. The event, organized by the Christian camp “Your Camp”, was joined by professional psychologists ADRA Ukraine – Maria Gorodova, Julia Zalutska and Kateryna Zynchak. In September, October and November, the camp visited 70 children a month. A wonderful location in the Chernivtsi forest, a cozy atmosphere, as well as a caring team helped children to restore the resource, develop self-regulation skills, learn to express their feelings and find new sources of life joy and inspiration.

Rehabilitation camp for children is a place where they receive emotional, psychological and physical support aimed at their recovery and adaptation after the losses. The camp program contained various types of therapy: art therapy, training, group and individual consultations. Children also participated in team games, excursions and cultural events that helped them feel supported and realize that they are not alone in their experiences.

In addition to psychological assistance, the camp offers space for outdoor recreation, the development of creative abilities and meeting with new friends. Experienced psychologists, volunteers and mentors support each child, helping to find internal resources for further life. This is a place where children find comfort and new motivation for life, despite the heavy losses.

Published on: 27 / 11 / 2024

The publication on the website:

<https://www.adra.ua/en/more-than-two-hundred-children-for-three-months-emotionally-recovered-in-the-your-camp>



Story of Natalya Tsurypovych from Orihove city of the Zaporizhzhya region, now in Dnipro city

Natalya comes from the small town of Orihove, located in Zaporizhzhya. She and her husband built their own housing, and in the 2000s they were able to settle there. Their children grew up there, grandchildren came to visit and there was always a family, cozy atmosphere. But one day everything changed.

When the full-scale war began, the city of Orihove became front-line.

"The shelling started, it was very loud. We lived in the basement, there was no light or water," recalls Natalya.

From there it was heard how battles were fought, and the danger only grew every day. Therefore, the woman and her husband decided to leave the city. First, they lived with their children in the city of Zaporizhzhia, and then, having learned about the shelter from ADRA Ukraine, they moved to the city of Dnipro where now Natalya, her son's wife and two grandchildren live.

Kids go to kindergarten. They can play in the street. Here they feel more safe than in their hometown. Unfortunately, the house that Natalya built with her husband is now destroyed, as is their city. Beautiful buildings were ruined by the war, and the once life - filled city became desolate.

Natalya remembers her home with sadness, but now some things can support her. Living in a shelter, the woman meets kind people, they make friends and support each other. Also, ADRA Ukraine, [ADRA Japan](#) and [Japan Platform](#) regularly help them, finding out what is needed. Therefore, the woman feels that she is not alone, and there are caring people who want to help. Natalya is very grateful for such great support for her family!



Story of Lyudmila Chichelnyak from Izyum city of the Kharkiv region

Lyudmila comes from a small town called Izyum, located near Kharkiv. She was born there, went to school and started her family.

When the full-scale war began, it became very dangerous there. Therefore, many people were forced to flee and look for a calmer place. A little later, the situation stabilized, and everyone returned home.

Unfortunately, now there is much less work in the city, also some shops, hospitals and other important places for people were closed. Therefore, residents of this town need support. "We have forgotten when we bought cereals and pasta," says Lyudmila.

The woman is very grateful that ADRA Ukraine, [ADRA Switzerland](#) and [the UN World Food Programme](#) help people by providing food kits. There you can find cereals, pasta, sugar, flour, canned goods, etc. It provides people with food for a month and saves a little money on products.

"This is a holiday when you come to us," says Lyudmila.

The woman is grateful for this important support.



Story of Oksana Kirilchuk from the Kotlyareve village of the Mykolaiv region

Oksana comes from the village of Kotlyareve, where she now lives with her family. When the full-scale war began, it was very dangerous in the Mykolaiv region. Constant shelling and explosions affected the woman and her children. Therefore, Oksana and her husband were forced to look for a safer place.

"To save our children, we first went to Odessa city, and then traveled all over Ukraine. " the woman recalls. Of course, everyone was tired due to constant moving, thus as soon as their home village became calmer the family returned back home. However, when they arrived, they did not recognize their home.

"The housing was damaged. I had to do repairs. The roof, windows and doors - all this was destroyed. " says Oksana. Of course, the family did not have a lot of money, and what they had was all invested in repairs. There were also good people who also helped them in restoring housing.

At this moment, Oksana regularly receives assistance from ADRA Ukraine, because her family needs support. They have little money for their big family. There are also kids.

"Hygiene kits are very necessary, because these goods are not cheap, we can not always afford to buy them. " the woman shares.

Also, Oksana's child studies online at school, and when the electricity is turned off, he cannot attend classes. Therefore, the powerbank, which was in the humanitarian kit from ADRA Ukraine and the partners, is also very necessary.

Now Oksana's family is provided with both hygiene products and power banks, obtained with the support of [Danish Ministry of Foreign Affairs \(DANIDA\)](#), which will help them save their own money and spend it on other needs.



Read more news on ADRA Ukraine website

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01 / 11 / 2024

[IDPs in Dnipro received fuel briquettes for the winter period](#)

04 / 11 / 2024

[Atelier "Tavita": "If we see that a person is in need, we provide discounts or repair clothes for free"](#)

04 / 11 / 2024

[Residents of Kotlyareve village in Mykolaiv region received fuel briquettes from ADRA Ukraine](#)

06 / 11 / 2024

[Students, parents and teachers in Bila Tserkva received psychological assistance from ADRA Ukraine](#)

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[In Zhytomyr, ADRA Ukraine psychologist held a support group for people struggling with addictions](#)

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[IDPs in Dnipro region received psychological and legal assistance](#)

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[Communication with veterans became the topic of psychological training at the school of Pokrov city](#)

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