

2022 - 2026

UNIQUE
FEATURES
AND KEY
ACHIEVEMENTS

ADVENTIST DEVELOPMENT AND RELIEF AGENCY

ADRA UKRAINE

TOGETHER IN CRISIS
TOGETHER IN RECOVERY



ADRA Ukraine:
SCALE OF ASSISTANCE 2022–2026 *

- **FOOD ASSISTANCE**
Food kits — 8 750 090 pcs
Food and hygiene kits — 49 277 pcs
Baby food — 365 241 pcs
Food products, bread — 34 488 365 pcs
Food vouchers — 274 227 pcs
Number of tonnes of food (hygiene items not included) — 108 943 tonnes
Total number of beneficiaries — 3 363 736 people
- **NON-FOOD ASSISTANCE**
Generators — 237 pcs
Fuel briquettes — 3 446 tonnes / 8 325 beneficiaries
Winterization (stoves, clothing, bedding, blankets, mattresses, household appliances, dishes, furniture) — 5 904 pcs / 10 267 beneficiaries
- **CASH ASSISTANCE**
Multi-purpose cash assistance — 241 130 beneficiaries
Rent payments — 940 beneficiaries
Microgrants — 76 895 beneficiaries covered
Total number of beneficiaries — 318 965 people
- **EVACUATION**
48 309 beneficiaries covered
- **PROTECTION CENTRES**
28 816 beneficiaries covered
- **SHELTER**
Free accommodation (shelters and transit centres) — 100 910 beneficiaries
Distribution of building materials — 280 beneficiaries
Vouchers for building materials — 4 197 pcs
Light / medium repairs — 917 households / 4 197 beneficiaries
- **HEALTH**
14 968 beneficiaries covered (wheelchairs, medical equipment, medical consumables)
- **LEGAL ASSISTANCE**
7 449 beneficiaries covered
- **CHILDREN GIFTS**
Over 50 000 gifts distributed to children



*This list of directions of assistance is not full. For statistics on other types of assistance, see the following sections of the journal.

UKRAINE

FOUR YEARS
OF THE WAR



ADRA



Andrii Babientsov,
Director of ADRA Ukraine

During these years of full-scale war, we see pain and loss every day, but we also see the strength of people who never give up.

ADRA Ukraine works where help is most needed — in communities, schools, hospitals, and frontline regions.

We are grateful to our partners for their trust, because it is thanks to our cooperation that thousands of families receive support and the opportunity to rebuild their lives.

Our strength is in unity and service.

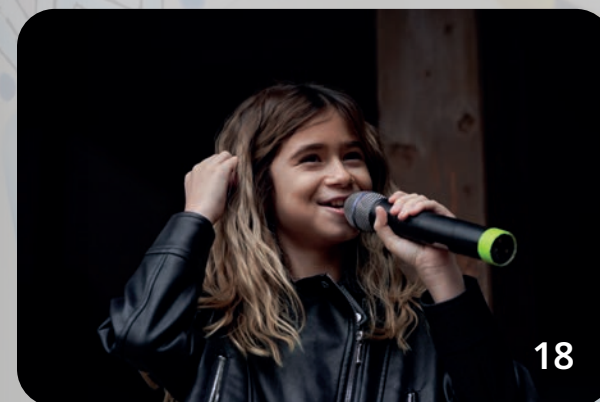


"Home" — documentary film about volunteers of a charitable organization **ADRA Ukraine**, who bring aid to places where war has taken almost everything.

Landmines, drones, destroyed bridges — these are daily risks. But volunteers are expected.

Because even in a ruined village, when your people arrive, you are at home.

Watch and share. It's worth seeing.



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ADRA.UA

TOGETHER IN CRISIS — TOGETHER IN RECOVERY



Since the start of the full-scale invasion, more than

4 300 000

UNIQUE BENEFICIARIES
HAVE RECEIVED ASSISTANCE

The organisation has received recognition and awards for this work, including at the national level.



Founded in 1956 by the Seventh-day Adventist Church, the international humanitarian organisation ADRA (Adventist Development and Relief Agency) now has consultative status with the United Nations Economic and Social Council and operates in more than 118 countries around the world. The organisation has been operating in Ukraine since 1993, and during this time, the name ADRA Ukraine has become not just a brand for millions of people, but a symbol of support, trust and hope. This is especially noticeable now, when the country has been living in a state of full-scale war for more than four years, and the need for help is growing every day.

With the support of international donors, ADRA Ukraine has become a lifeline for those in the most vulnerable situations: internally displaced persons, pensioners, orphans, and ex-combatants. Where basic foodstuffs become a luxury, the organisation provides food and financial assistance to help people cover their immediate needs. At the same time, assistance is not limited to material resources: psychological and legal assistance is aimed at overcoming the deep trauma that war leaves not only on the body but also on the soul.

One of the key areas of work is ensuring access to clean drinking water and safe shelter, as these basic conditions are often crucial for survival.

Evacuation help people leave dangerous areas where every day may be the last. Non-food assistance to communities includes generators and fuel briquettes, which help people survive the cold season and keep their homes and social institutions warm.



At the same time, ADRA Ukraine is working to restore damaged housing and educational institutions, investing in the future of communities affected by the conflict. The SCLR microgrant programme plays an important role in this process, aiming to strengthen the capacity of local communities and support initiatives that arise directly on the ground. The organisation pays particular attention to the development of new areas, including the rehabilitation of ex-combatants, comprehensive support for children affected by war (the ADRA Kids project), and various educational projects.



ADRA Ukraine helps people not only survive the crisis, but also reclaim a life of dignity and hope. Beyond responding to the effects of war, the organization works to create a future filled with support, care, and trust in tomorrow.

IN A REALITY WHERE EVERY DAY IS A CHALLENGE, ADRA UKRAINE REMAINS A RELIABLE ALLY IN DEFENDING HUMAN DIGNITY AND STRIVING FOR PEACE FOR EVERY UKRAINIAN.

Humanitarian Aid in Ukraine
4 Years of ADRA Ukraine's Work





awards



13th place

According to the **FORBES Ukraine** magazine (August–September 2024), **ADRA Ukraine** has been included in the «**Top 50 largest charitable foundations in Ukraine**» in 13th place.



3rd place

In 2025 **ADRA Ukraine** won third place in the nomination «**Charity in the social sphere**» National competition "**Charitable Ukraine-2024: Charity in defence of Ukraine**".



1st place

Previously, in 2024, the organisation took first place in the same competition in the category "**People's Philanthropist — 2023**".

12th place

And also entered the ranking "**Top 100 Charitable Organisations in Ukraine based on the results of 2023**" from **Association of Charities of Ukraine**, in 12th place.

FORBES

unique FEATURES



KEY ACHIEVEMENTS

ADRA Ukraine differs from other humanitarian organizations in Ukraine in its approach to providing comprehensive assistance to people and communities — support in emergency response, recovery and development at the same time.

ONE OF THE OLDEST non-governmental charitable organisations in Ukraine, which has been operating continuously since 1993.

ADRA UKRAINE IS THE LARGEST PARTNER OF THE UN WFP IN UKRAINE and is one of a select group of organizations that carry out special humanitarian missions in regions with extremely complex security situations, where access for standard humanitarian operations is limited or completely closed.

LEADERSHIP IN WINTERIZATION PROJECTS. The organization was the first in Ukraine to distribute fuel briquettes as part of the «Winterization 2025–26» project, which was noted by the UN during a joint monitoring visit. It is also the only organization in Ukraine that provided fuel briquettes to all eight collective centers for IDPs in the city of Zaporizhzhia this winter.



ASSISTANCE VIA HUMANITARIAN TRANSPORT. ADRA Ukraine is one of three organisations in Ukraine that systematically provide assistance in the field of social transport for vulnerable groups of the population.

COMPREHENSIVE SUPPORT FOR CHILDREN THROUGH THE ADRA KIDS PROJECT. The initiative involves not only giving gifts, but also providing psychological and social rehabilitation for children affected by the war.

STRONG POSITION IN SUPPORTING THE EDUCATION SECTOR. ADRA Ukraine is one of eight organizations selected to join a working group under the Ministry of Education and Science of Ukraine.

THE WIDEST RANGE OF PSYCHOSOCIAL SUPPORT FOR THE POPULATION WITHIN THE MHPSS AREA. Assistance is provided by psychologists, lawyers, and facilitators in mobile, stationary, and online formats, particularly in working with ex-combatants. ADRA Ukraine has an exclusive strategic partnership with the Ombudsman of Ukraine in the field of MHPSS to office employees and repatriated persons.



SUPPORT OF COMMUNITY INITIATIVES (SCLR COMPONENT). ADRA Ukraine is one of five organisations implementing this component. Thanks to a community-centred approach, communities themselves determine their own priorities and independently implement development projects.

VOUCHER ASSISTANCE THROUGH THE «ATB» CHAIN OF STORES WITH NATIONWIDE COVERAGE. Every month, approximately 6,500 certificates are distributed for the purchase of food and hygiene products.

STRONG PARTNERSHIPS. ADRA Ukraine cooperates with embassies of various countries, clusters, numerous international and local NGOs within various forms of cooperation. Among them are DanChurchAid, Save Ukraine, Ukrainian Deminers Association, and others.

PROJECTS TO PROVIDE WHEELCHAIRS FOR PEOPLE WITH DISABILITIES. ADRA Ukraine supports both individual beneficiaries and medical facilities in various regions of Ukraine.



The following pages show the unique areas of work through real-life examples, visual materials, and personal stories.

FOOD MISSION TOGETHER

ADRA Ukraine has been cooperating with the United Nations World Food Programme with the support of ADRA Switzerland since 2022. During this time, the organisation has become the WFP's largest implementation partner with interregional activities. This involves not only the transportation of food products, but also systematic work in areas where humanitarian access is difficult or limited due to the security situation.

ADRA Ukraine is part of a select group of organizations that organize missions in high-risk areas alongside the WFP.

These are areas where it is difficult or almost impossible to deliver aid by ordinary ways.

Since the start of the full-scale war, ADRA has been providing food support in two formats: food kits and cash assistance, including vouchers for food. Assistance is provided to both host communities and residents of frontline areas in more than 15 regions of Ukraine. Approaches are constantly adapted to the changing situation and the real needs of the people.

This geographical distribution of work shows the trust of the international partner and the

As of 2026, ADRA Ukraine remains the largest partner of the WFP, working simultaneously in four regions — Donetsk, Kharkiv, Mykolaiv, and Kherson.

organisation's ability to operate in high-risk areas. The operational model combines centralised procurement, regional logistics hubs, a digital system for registering aid recipients, and close coordination with local authorities and the Food Security Cluster. This allows ADRA to work on a large scale, maintain transparency of processes, and respond quickly.

The continuity of the partnership with WFP is, in essence, an indicator of stability. In difficult circumstances, such cooperation means one thing: aid reaches where it is needed.



1 488 534 food kits (total weight: 1 900 tons)
6 804 798 food items (total weight: 85 802 tons)
34 488 365 loaves of bread (17 998 tons)
365 240 units of baby food (677 tons)
85 996 food items for institutional feeding (510 tons)
221 227 food vouchers

In total, assistance covered 2 995 572 beneficiaries

WITH THE UN WFP



ASSISTANCE, WHICH HELPS STAY ALIVE

Valentyna lives alone in a house that was partially damaged by shelling. Some of the walls and the roof need repair, but the woman does not have the funds for restoration.

The pension is small and does not cover all daily expenses, so the woman has to save money.

There are grocery stores in the village, but high prices force people to make difficult choices between the most necessary items.

Valentyna has been receiving assistance from ADRA Ukraine since 2023, and this support has been crucial in helping her through the most difficult periods. Food kits have become an important part of her daily life — they contain

basic products, which give a sense of stability and allow not to worry about what to cook.

"I don't buy oil and cereals. Because there is buckwheat, cereals, and sugar," — says the woman.

Local residents receive assistance from the United Nations World Food Programme with support from ADRA Switzerland and ADRA Ukraine. People note that this support comes just when it is most needed, and gives them strength to persevere despite all the challenges.

"Thank you very much. You are doing a great job!" — she adds.

Valentyna, Zolochiv village, Kharkiv region

WINTER UNDER FIRE

HOW ADRA UKRAINE BUILDS SYSTEMIC WARMTH FOR IDPS



Preparing for winter in wartime is not about formal plans. It is about whether people will be warm in their homes when the temperature drops below zero. **ADRA Ukraine** works systematically in this area, without one-off solutions and chaotic deliveries.

It is the only organization in Ukraine that provided fuel briquettes to all eight collective centers for IDPs in Zaporizhzhia city this winter. Support is provided by **Japan Platform** and **ADRA Japan**. In addition, **ADRA Ukraine** was the first in the country to carry out a large-scale distribution of fuel briquettes as part of **the Winterization 2025–26 program**.

This approach was recognized during a joint **the UN** monitoring visit as part of the «MHWP» project supported by **the Government of Canada** and **ADRA Canada**.

The principle of operation is not the same assistance for everyone, but different solutions depending on the situation. Where appropriate, financial support is provided.

In regions at risk of fuel market instability or exploitation, **ADRA Ukraine** ensures that

vulnerable people receive the assistance they need. The in-kind format with the transfer of environmentally friendly briquettes not only guarantees heat, but also reduces damage to the environment. For vulnerable households, this means a safer and more predictable source of heating.

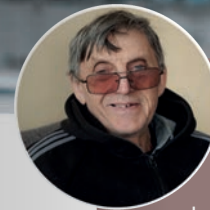
ANOTHER IMPORTANT POINT IS THE DELIVERY METHOD. Most recipients of aid are elderly people, families with children, and people with disabilities. Therefore, the project team organized targeted delivery directly to households.

This reduces physical strain, minimizes risks, and makes the process of receiving assistance real rather than formal. **ADRA Ukraine** has established ongoing communication with **the UN** representatives, local mayors, communities, and heads of IDP accommodation centers.

Cooperation is enshrined in memorandums at the level of military administrations. This means clear logistics, support from local authorities, and rapid decision-making. In the humanitarian sphere is still the exception rather than the rule.



WINTER WITHOUT FEAR OF THE COLD



Serhii is 68 years old and has spent his entire life working and caring for his family. Due to the hostilities, his three-room apartment suffered serious damage: the roof and windows were broken, and the apartment became uninhabitable. Serhii was left homeless and forced to seek temporary shelter in a safer place.

Since July 30, 2024, he has been living in a shelter in the city of Trostyanets. Here, he feels warmer and calmer — Serhii has made friends among the other residents, established a new rhythm of life, and feels the support of the community.

Serhii has eye problems that require constant treatment and medication, but he does not have enough financial resources to cover everything. Nevertheless, thanks to the help of charitable organizations, he sometimes receives food and hygiene products, which makes his life a little easier.

With the onset of cold weather, **ADRA Ukraine**, with support from **ADRA Canada** and **IHA Canada (Government of Canada)**, delivered fuel briquettes. Now the shelter is much warmer, and Serhii and the other residents feel more comfortable and stable.

"Dear donors, thank you very much for your help. It has made things much easier," the man shares.

For him, as for many elderly people, it is not just warmth — it is a sense of security and the opportunity to live a little more peacefully after losing his home.

Serhii Radaiev from Velyka Pysarivka village of Sumy region



In February 2026, Kyiv received 16 generators and two charging stations worth a total of €166,000 from **ADRA Slovakia**, coordinated by **ADRA Ukraine**. Mayor Vitali Klitschko expressed his gratitude for the assistance and noted that it would be directed to schools in various parts of the city.



Cash for solid fuel received
215 households
536 beneficiaries covered

1 040 tons of solid fuel received
53 collective centers
4 825 beneficiaries covered

237 generators provided to critical infrastructure facilities and points of invincibility



THE HIGH-RISK ROUTES

HUMANITARIAN TRANSPORT: THE "DOOR-TO-DOOR" MODEL

When war destroys roads, bus stops, and leaves villages without transport links, the problem becomes more than just a logistical one. People lose access to hospitals, social services, and administrative centers. Isolation gradually turns into another form of vulnerability.

ADRA Ukraine considers humanitarian transportation not as a technical service, but as a way to give people back the ability to move around and solve basic life issues.

As of 2025, the organization is one of three non-governmental structures in Ukraine that systematically and free of charge provide such assistance on a large scale. In a number of regions, **ADRA** transport remains virtually the only way for elderly people in isolated or recently de-occupied communities to get to a doctor or government institution.

The program operates on a door-to-door basis.

This means that people are not simply driven to a bus stop. They are picked up from their homes and taken to wherever they need to go: a medical facility, a psychosocial support center, an administrative office, or a humanitarian aid center.

In frontline and rural areas where infrastructure has been destroyed or public transport is unsafe, this format becomes critically important.

Special emphasis is placed on the professional level of drivers. All of them have participated in **ADRA** evacuation missions and have experience working in high-risk conditions.

They underwent specialized training in safety, orientation in zone



of conflict, working with civilians and providing psychological first aid. Therefore, each trip is not only about transportation, but also about the ability to act confidently in crisis situations.

ADRA's humanitarian transport operates where threats remain a daily reality: near the front lines, on routes with checkpoints, and in areas subject to periodic shelling. Safety, confidentiality, and respect for human dignity are mandatory standards for every trip.

As a result, transport becomes more than just a means of getting around. It becomes a bridge between people and support systems — medicine, social services, administrative resources.

For many, this means the opportunity to stay in the game, preserve their dignity, and maintain the prospect of recovery.



A VILLAGE WHERE BUSES DON'T GO

The village of Liubymivka has become a refuge for people who have lost everything due to the war. Internally displaced families and local residents whose homes have been damaged by shelling live here. For many of them, this is the only place where they could return to or resettle after evacuation. Life here is complicated by the lack of any direct transport links.

The buses that used to run to the village are no longer operating. *"They say that the village is near the front line, so they don't want to come here,"* — people explain.

As a result, residents are forced to travel to neighboring villages, where public transport still runs to Kryvyi Rih city. For elderly people, people with disabilities, and women living alone, this becomes a real challenge: long distances, complicated transfers, and dangerous roads.

Valentyna is one of those who not only lost her home but was also forced to return to the frontline region. She was evacuated and lived in Kryvyi Rih city for two years, but was later resettled to Liubymivka, where she now lives.

The woman still remembers the day she lost everything: *"The house burned down. A shell hit the house twice, and the car next to it burned down. Nothing was left."* — she recalls those terrible moments. Today, the biggest challenge for her is getting to the hospital and accessing the necessary services: *"We really need this transport, we have to go to the hospital,"* — says Valentyna.

Her words are a desperate cry for help: *"Please listen to us. We really need this transport. It is our salvation!"*

For the residents of Liubymivka, transportation is not a matter of convenience, but a matter of life and death.

Today, the support of **Aktion Deutschland Hilft**, **ADRA Czech Republic** and **ADRA Ukraine** has become a bridge that restores people's access to basic necessities and helps them survive in conditions of constant danger and isolation.

Valentyna from the village of Liubymivka, Kherson region

4 728
trips

for 100 086
beneficiaries



FROM THE START OF THE PROJECT,
from September 28, 2025, to February 16, 2026,
6,039 children received gifts

ADRAKids



ADRA/KIDS



ADRA KIDS PROJECT

works with children on a regular basis, not just once or twice. This is not about a single event or a few classes, but a well-thought-out kids support system.

It covers various needs of the child: from material assistance to psychological rehabilitation and return to active life in the community.

The goal is ambitious — to help 100,000 children in Ukraine feel stable, safe, and return to the normal rhythm of childhood, even when there is war around them.

One of the features of ADRA Kids is that psychosocial support is not confined to a separate room. It is present in all formats of work. In clubs, camps, educational and creative classes, children do not just learn or spend time. They gradually regain a sense of security, learn to trust, interact, and tell about their emotions.

CHILDHOOD

HELP TO
100 000 KIDS
IN UKRAINE

FOR KIDS

The psychological component becomes a part of everyday communication.

Thanks to ADRA psychologists, both children and parents can receive professional counseling even in places where there are no specialists physically present.

Education in the project is also linked to the emotional state of the child. English language, robotics, STEAM subjects, and creative activities are adapted for those who have experienced stress or have gaps in their education. The task is not limited to knowledge.



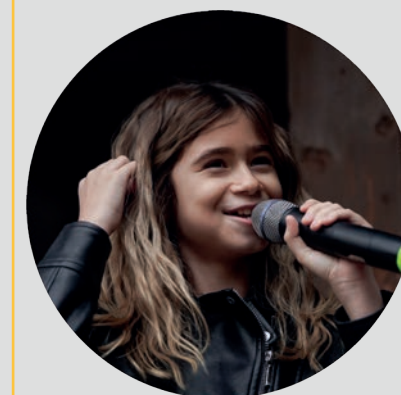
Children are helped to regain confidence, learn to manage their emotions, and work in a team. Gradually, the feeling that the world can be predictable and safe returns.

ADRA Kids works in cooperation with local schools and communities. The project does not create a separate system, but rather strengthens existing resources. The format of the work can be changed depending on the situation: combining online and offline activities, adjusting the intensity of classes, responding to security situation. This may involve several areas of support at the same time — education, psychological sessions, participation in clubs.

Several public events have already taken place within the framework of the project. These included a festive program with quests, creative workshops, and activities at various locations.



Well-known guests joined the initiative. Among them are Mykola Kuleba, Commissioner of the President of Ukraine for Children's Rights in 2014–2021 and founder of «Save Ukraine» Charitable Organization; Honored Artist of Ukraine Anzhelika Rudnytska; young singer and volunteer Sofia Nersesyan, winner of the national selection for Junior Eurovision 2025; as well as singer Oksana Kozun-Turcer from Slovakia.



In addition, gifts were given to children of ex-combatants, internally displaced persons, and prisoners of war currently residing in the Kyiv, Kharkiv, Sumy, and Dnipropetrovsk regions. Gifts were also sent to children living in the frontline city of Sloviansk.



"TODAY MY CHILD WAS HAPPY."

Olena from Kyiv remembers the day when their lives changed dramatically. She and her daughter left the country, while her husband stayed behind to defend Ukraine. It seemed like they were just packing their things and leaving temporarily. But in reality, they were saying goodbye to their home, their familiar life, and their sense of security.

The journey was exhausting. Olena tried to hold on so that little Zlata would not see her fear. But in the hotel room, when the door closed behind them, the tension broke through. She hid in the bathroom and cried for a long time. Then, for the first time, she realized that complete uncertainty lay ahead.

My husband called from the front whenever he could. Sometimes the conversation lasted only a few seconds. The connection was poor, and the words were broken. But even a short "How are you?" made me feel like he was close by.

Then came the news of a serious injury. A short message, a few words — and the world seemed to shake. Olena realized that she wanted to be closer. Three months later, she returned to Ukraine with her daughter.

The man became an ex-combatant. His gaze took on a calmness that was difficult to explain in words. Elena feared only one thing: how to talk to her child about loss if she didn't have the strength to cope with it herself.

But recently, another day appeared in their lives. At the ADRA Ukraine event, Zlata ran around, laughed, and watched the entertainers with fascination. During those hours, she was just a child — without anxiety or fear.

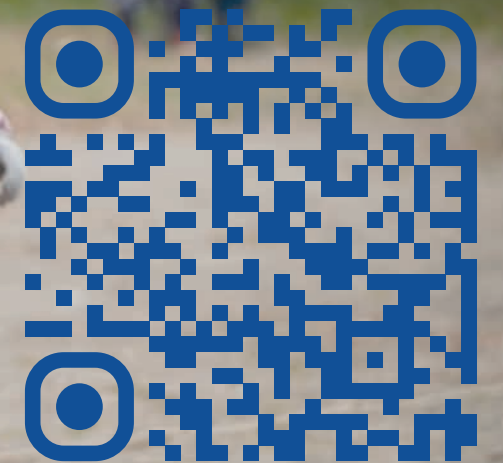
Olena stood nearby and felt warmth. People who support her. An atmosphere where she could relax at least a little.

"Today my child was happy. And for me, that means more than anything else." — she says.

Olena, from the city of Kyiv



ADRA-KIDS-DONATE



FROM SCHOOL SHELTERS TO STATE POLICY:

ADRA UKRAINE CASE

WORKING WITH THE EDUCATION SYSTEM DURING WARTIME IS A WHOLE ANOTHER LEVEL OF RESPONSIBILITY. It is not enough to bring aid or conduct a few training sessions. It is necessary to understand how the system works from the inside and how decisions at the project level affect government policy.

ADRA Ukraine is one of eight organizations selected for the Thematic Working Group (TWG) on Education in Emergencies (EiE) at the Ministry of Education and Science of Ukraine, which the organization joined in 2025. Together with seven leading civil society organizations, it not only implements programs but also represents the interests of the sector, participates in professional discussions, and shapes decisions at the state level. These are no longer isolated initiatives — they are influencing the rules of the game.

ADRA Ukraine's approach is comprehensive.

One project combines several areas.

The first one — educational interventions: catch-up classes, support access to quality education.

The second one — Infrastructure: repairs, construction of shelters, creation of safe learning spaces, provision of equipment.

The third one — psychosocial support: individual and group sessions, psychoeducation, career guidance programs. This kind of integration lets us work with the children, the teaching staff, and the community at the same time. The effect in this case isn't short-term. It builds up over time.



Special emphasis — on the teacher's ability. If the teacher is exhausted or works under constant stress, no methodology will work to its full potential. Therefore, psychosocial support in ADRA projects also covers teaching staff. This directly affects the stability of the educational process and the quality of interaction with children.

Another area that distinguishes this approach is practical career guidance laboratories. Schools and communities are creating spaces where students can try their hand at different professional roles, undergo interest and aptitude testing, and receive not abstract advice, but a more informed vision of their own trajectory. For humanities programs in education, this is still the exception rather than the rule.

The way partnerships are built is also important. ADRA Ukraine works in consortiums where each participant contributes their own expertise. Among its partners are **the Ukrainian Deminers Association**, «Rokada», «Save Ukraine», «Za maibutnie Ukrainy» Charitable Foundations, and **the «MriyDiy» Educational Foundation**. This multidisciplinary format allows us to create solutions that one organization alone would not be able to implement. It provides scale and, importantly, room for innovation.

The education system today operates under constant pressure. Support must correspond to this complexity — not in a piecemeal way, but structurally. It is in this direction that the work is being built.



OLDER SISTER INSTEAD OF MOM

Larysa, along with her younger sisters Sofiia and Ivanka, are from the Kherson region. Their home village is still suffering from explosions and shelling. It is difficult to imagine what life was like for the children there. The girls managed to leave and, after many trials and tribulations, finally found themselves in safety.

Larysa and her sisters stayed in a temporary shelter in the village of Hatne, Kyiv region. Here they feel a little calmer, but even outward calm cannot hide the storm inside. They had to go through something they were not prepared for, and because of this, tears come to their eyes every night.

The death of their mother is the greatest pain in their lives. Instantly, they lost the person closest to them, and with this loss came the end of their childhood and their sense of security. This is a terrible ordeal even for adults, let alone three children. In their new reality, they are forced to cope with difficulties they could not have imagined before.

Three girls, who should have the support and care of adults around them, are forced to find strength within themselves and stick together.

As the older sister, Larysa took on all the responsibility. She not only looks after Sofiia and Ivanka, but also tries to resolve all official matters. Today, she is going through a complicated guardianship procedure to legally become the person who will protect and support her sisters in any situation. This is a huge burden for a teenager, but Larysa has no other choice.

The girls learned about the charity organization and the school supplies assistance from their friends.

Thanks to **ADRA Japan** and **ADRA Ukraine**, Sofiia and Ivanka received everything they needed for school. For some, notebooks, pens, and backpacks may seem like ordinary things. But for children who have lost almost everything, they mean much more — the opportunity to feel like part of normal school life, no different from other students.

These kits give them a chance to start the school year with confidence and dream about the future again.

"We received a school kit, and it's very relevant right now," says Larysa.

Now the girls are ready for school. For Larysa, Sofiia, and Ivanka, ADRA's support has become not just help, but a real source of strength. Once, their mother took care of them, but now the care of others reminds them that they are not alone.

Thanks to such initiatives, they feel that they are not alone in their grief, but that there are people nearby who are ready to care for them.

"Thank you very much for such much-needed help at this time." — adds Larysa.

For the sisters, this assistance is much more than just material goods. It is a reminder that even in the most difficult times, there is support available.

Larysa from Kherson region, now in Hatne village, Kyiv region

Co-financing of education	32 students
Career Guidance Radio Lab Program	13 students
Emotional Recovery Program	27 teachers
Reconstruction of educational institutions (2 238 beneficiaries covered)	11 institutions
Educational kits distributed	603 pcs
Educational game kits "Mine Safety" distributed to children	200 pcs
Career Guidance Program	120 beneficiaries



Psychosocial support in the Education cluster covered:
13 396 beneficiaries



PARTNER OF THE COUNTRY: ADRA UKRAINE'S ROLE IN PROVIDING PSYCHOLOGICAL SUPPORT TO UKRAINIANS

ADRA Ukraine has developed a model that covers the entire spectrum of human needs without any gaps between them. Where different organizations usually address individual requests separately — a psychologist, a lawyer, the community on its own — here these elements are brought together into a single structure.

Mobile teams include not only psychologists but also lawyers, while facilitators in certain communities help build dialogue and trust among residents.

People receive support in one place and within one process: from talking about traumatic experiences to consulting on status, social benefits, compensation, or interacting with local authorities. This reduces the burden on those who are already in crisis. There is no need to go between institutions, repeat your story several times, and revisit traumatic events.

In terms of scale, **ADRA Ukraine** consistently exceeds its targets, but more importantly, it has a deep reach. The organization works not only with large population groups, but also with the most vulnerable categories: ex-combatants and their families, people with disabilities, victims of mine and explosive injuries, women who have survived violence or war crimes, and their children.

Approaches remain flexible, work is carried out through families, ex-combatants spaces, partner organizations. We are constantly looking for new points of entry to those who are often overlooked by the system.

A separate level is institutional. **ADRA Ukraine** is not limited to the "one office, one service" format.

An ecosystem of interaction is being formed: the community, government services, public organizations, and specialists in various fields. Individual assistance is gradually shifting into the sphere of advocacy — mental health, protection of women's and children's rights. These are concrete changes: the launch of local programs and budgets for psychosocial support, the revision of procedures for receiving appeals in social protection, police, and medical institutions, and the adoption of decisions that take into account the needs of ex-combatants, people with disabilities, and children.

ADRA Ukraine is a strategic partner of the Ukrainian Parliament Commissioner for Human Rights in the field of MHPSS and psychological diplomacy, and the only humanitarian organization officially authorized to provide psychosocial support to repatriated civilians and former prisoners of war.

At the same time, the organization systematically trains frontline specialists — social workers, lawyers, educators, employees of administrative service centers, medical and municipal services — to work with trauma without the risk of retraumatization and to maintain their professional resilience in crisis situations.

As a result, psychosocial support becomes not a separate service, but a systemic intervention. It changes not only the condition of a particular person, but also practices within communities and government structures. It is a slow process, but it is precisely what builds long-term sustainability.

”

PREGNANCY UNDER FIRE AND THE PATH TO SAFETY

Mariia remembers that morning in minute detail. Then the first explosion sounded outside the window, and she became very scared — not even for herself, but for her children and her unborn baby.

"I was pregnant with my third child," says the woman. The pregnancy was very difficult, and every new day in a city under shelling became a new ordeal.

For the first few weeks, the family hid in the basement, trying to keep the children safe from danger. But eventually, they ran out of food and medicine, and it became clear that they could not stay there any longer.

They couldn't leave right away, but eventually the family managed to get to the city of Mykolaiv, to a safer place. Mariia still remembers those moments on the road, filled with fear and uncertainty: *"It was scary to leave. We hoped that it would all end soon."*

The children found this period difficult: constant stress and anxiety affected their health. Mariia tries to be a source of support for them, but sometimes she herself needs support so as not to break down under the pressure of what she has been through.

"We lost everything, we lost our life," — recalls Mariia.

One day, she saw information online about psychological training and workshops offered by **ADRA Ukraine with the support of ADRA Canada, and the Government of Canada**, which were being held in her city. From that moment on, Mariia's life was filled with a little light that she had been lacking.

"It's such a relief for me when I attend master classes. There are people there who understand me and support me." — she shares. For Mariia, these meetings have become more than just an opportunity to socialize — they are a safe space where she is heard and accepted, and where she is gradually regaining her peace of mind and inner balance.

Thanks to psychological support and a community of women who have experienced similar difficulties, Mariia feels that she is not alone and this gives her the strength to move forward.

Individual sessions for
40 107 beneficiaries

Group sessions for
28 953 beneficiaries

Trainings for
10 558 beneficiaries

Total covered
102 779 beneficiaries

Mariia Baranova from Kherson, currently residing in Mykolaiv

FROM GRANTS TO RESPONSIBILITY: ADRA Ukraine's new role in communities

In its work with communities, ADRA Ukraine applies the **SCLR component** — **Survivor and Community-Led Crisis Response**, or the **Community Initiative Support Program**. For the Ukrainian humanitarian sector, this model is still more of an exception than a common practice.

This approach is being implemented, in particular, within the framework of the project **Reconstruction of Social Infrastructure in Mykolaiv through Strong Civil Society**, which is being implemented with the support of the **Danish International Development Agency (DANIDA)**, **DanChurchAid (DCA)**, and **ADRA Denmark**.

The essence of SCLR is in changing roles. Communities are not viewed as passive recipients of resources. They become decision-makers. This is an approach to cash assistance based on community-centered crisis response processes. People living in this crisis determine their own priorities, generate ideas, and take responsibility for their implementation.



ADRA Ukraine does not dictate the content of projects. Its role is facilitation: to create conditions in which local initiatives can emerge, be tested in practice, and receive resources for development.

An important element is support through training during the process. The work is not limited to providing a grant. Teams accompany participants from the idea formation stage to budget planning, implementation, reporting, and analysis of results. Particular attention is paid to transparency and accountability, as well as involving the wider community



in decision-making. This improves the quality of projects and at the same time strengthens trust within the community itself.

As a result, SCLR component in ADRA Ukraine is more than just a financial tool. It is a mechanism for localizing humanitarian aid. It develops the capacity of communities to act independently, strengthens civil society, and forms the basis for long-term recovery. The focus shifts from short-term response to investment in responsibility and initiative that arise within the communities themselves.

54 civil society organizations received funding of charitable projects

A CITY WITHOUT BARRIERS: THE EXPERIENCE OF «VICTORIA»



Olha is the deputy head of a public organization — the Physical Culture and Health Club for People with Disabilities «Victoria». There, they help people with various types of injuries to recover.

This woman knows firsthand what it means to have health problems. She suffered a serious spinal injury in a car accident. This left her unable to move her body below the neck, but she has made great progress and has been able to regain some of her health.

Olha can now move around independently in a wheelchair. She has a family, friends, and a job she loves. She helps people recover both physically and mentally, as well as adapt to society.

Unfortunately, not all cities in Ukraine are equipped with various means to simplify the lives of people with disabilities, and Olha is fighting against this. She knows from her own experience what such people need and what difficulties they face.

"We managed to get sidewalks built and road surfaces equipped with ramps. Public transport is low-floor," says the woman.

She has already achieved a lot in her city. She was also able to bring some projects to life with the help of **ADRA Ukraine** and partners.

"With ADRA, we improved our organization's technical infrastructure. We installed air conditioners in two rooms because people felt uncomfortable during training sessions, and this was a problem." — tells Olha. When warm weather arrived, some visitors to the center simply did not come to classes because they felt unwell due to the heat, after all

physical exertion and high temperatures indoors worsened their health.

"We also replaced the furniture," — adds the woman.

The old furniture was installed more than 35 years ago, which is why it had lost its attractive appearance and was no longer fulfilling its function. Now, with new furniture, visiting the center has become even more enjoyable.

These changes were necessary. They seem to have breathed new life into this center. Now they will be able to provide even better services to people, and we believe that the lives and health of visitors to the fitness and health club will change for the better!

Olha is very grateful that the **Danish International Development Agency (DANIDA)**, **ADRA Denmark** and **ADRA Ukraine** supported her and helped her realize good ideas.

"Volunteering is my life," — says Olha.

Olha Vinogradova from Mykolaiv region



VOUCHER ASSISTANCE PROGRAM

SYSTEMIC ASSISTANCE FOR PEOPLE ON A NATIONAL SCALE

The voucher assistance program through the ATB chain of stores has become one of ADRA Ukraine's most extensive and manageable areas of work with national coverage.

When it comes to humanitarian aid, people often imagine a warehouse full of boxes and long queues. The voucher model works differently. The main thing here is not just to transfer resources, but to organize the process so that people can use them without unnecessary barriers.

Every month, ADRA Ukraine with the support of The Church of Jesus Christ of Latter-day Saints, distributes approximately 6,500 certificates throughout the country — a volume that significantly exceeds the scale of many humanitarian programs.

It is not just about geography. It is about consistency. A broad presence in the regions is combined with clear logistics and control of each stage — from the formation of lists to the actual use of the certificate. Transparency here is not just a declaration. Locations are monitored, data is verified, and the risks of duplication or uneven distribution are minimized.

This is a large volume, which requires not only resources but also discipline in management. Teams work synchronously, planning is done in advance, and mobile groups can work in several areas at the same time. If the situation in the community changes, the format and scale of assistance are adjusted without delay. The mechanics of the project have several fundamental elements. Firstly, mobile

distribution teams are able to move quickly between regions. Secondly, combining digital verification of lists with physical checks on site provides a double level of control, reducing the scope for error. Third, the format of the ATB certificates themselves: people choose their own food, hygiene products, or other necessary items. This is no small thing. The ability to choose gives people back a sense of control over their own spending.

Before each distribution, the location is assessed: logistics, security, accessibility for people with reduced mobility, and the quality of coordination with local partners. Such preparation reduces chaos and allows recipients to work without unnecessary stress.



"WHEN YOU CAN CHOOSE WHAT YOU NEED"

Olena was forced to leave her home at the end of 2022 because of the war. She now lives in the city of Chernivtsi with her daughter. Life in a new city is not easy: she has to adapt to new conditions, find housing, and provide for her basic needs.

"We pay a very large amount for renting an apartment. My daughter and I live together, and for us, these 1 000 hryvnias are a significant help.", Olena shares.

For the family, this is not just financial support — it is an opportunity to ease their daily expenses a little, buy necessary groceries, and feel that in difficult times they are not left alone with their problems.

The particular value of this assistance lies in its flexibility and the ability to choose what is most needed. The voucher can be used to purchase not only food, but also hygiene products, clothing, and other necessary items available in ATB stores. This gives families a sense of control over their lives, helps them plan their expenses, and eases their daily burden.

Olena and her daughter are sincerely grateful to ADRA Ukraine and its partners, who did not stand aside and did everything possible to support the people of Ukraine. Moreover, such assistance restores confidence and hope: even in the most difficult moments, there are those who care and consider the needs and desires of others.

Olena Zolkina from Nova Kakhovka city, Kherson region, currently resides in Chernivtsi city.

Distributed
274 227
food & product vouchers

A separate component is the partnership model of interaction with communities and IDPs protection centers. Distribution is organized as close as possible to where people live. If demand increases or a new wave of displacement occurs, locations are expanded and volumes are increased. Standardized monitoring routes, photo and video recording, and operational analytics for donors build trust in the process.

As a result, voucher assistance works not as a one-time campaign, but as a managed system capable of scaling up and maintaining effectiveness even in unstable conditions.

PROGRAMS FOR PROVIDING WHEELCHAIRS IN UKRAINE

FREEDOM OF MOVEMENT

WHEN IT COMES TO SUPPORTING PEOPLE WITH DISABILITIES, THE EASIEST THING TO DO IS TO PURCHASE A STANDARD BATCH OF EQUIPMENT AND REPORT ON THE NUMBERS. IT IS MORE DIFFICULT TO STOP AND ASK: WHO EXACTLY NEEDS IT AND HOW EXACTLY WILL IT CHANGE THE DAILY LIFE OF A PERSON IN REAL NEED.

ADRA Ukraine builds its work around this question. Wheelchair provision programs are not just about mobility. They are about the ability to leave your room independently, without having to wait for help every time you need to move. They are about feeling in control of your own day.

In partnership with international organizations — the Church of Jesus Christ of Latter-day Saints (LDS Wheelchair 2025) and the Wheelchairs Foundation — two formats of support are combined: institutional and personal.

As part of the «LDS Wheelchair 2025» project, wheelchairs are donated to hospitals and institutions for the elderly. These models are designed for transporting patients by medical personnel. Their task is to ensure safe movement within the institution.

Another approach is being implemented as part of the «Wheelchair Foundation 2025» project. These are semi-active models with large wheels and rims that allow a person to move independently. Such chairs are provided for permanent use. The difference seems technical, but in practice it determines a person's level of independence.

The mechanism for receiving assistance is designed to be as straightforward as possible.

ADRA Ukraine works with communities and regional associations of people with disabilities.

Requests are collected from both medical institutions and individuals. The list of documents is announced in advance, with no hidden requirements. After planning the logistics, the chairs are delivered to hospitals or distribution points. The organization's task is not to complicate the process, but to remove unnecessary barriers.

A separate component is partnerships, which enable ADRA to work quickly and on a large scale. Cooperation with Nova Poshta has enabled the team to deliver hundreds of aid packages to frontline regions free of charge. For hospitals, excombatants' centers, and associations for people with disabilities, this means one simple thing: solutions arrive on time, even when conditions are far from stable. There is no universal model in this work. There are specific people, different circumstances, and a need for movement — both physical and life movement. Assistance is designed to meet the unique needs of each community and individual.



REHABILITATION THAT RESTORES DIGNITY

Today, Svaliava City Hospital saves the lives of those who are in critical condition and need urgent help every day. Among the patients are those who have serious illnesses or have been injured as a result of shelling. Now they face a new struggle — for their health, for movement, for life.

"Sometimes, when people agree to surgery, they don't know what to expect, says Oleksander.

The patients include both young and older people. Whereas they used to be full of strength and energy, they now suffer not only from severe mental distress but also from serious physical consequences.

Svaliava City Hospital is one of the few in the region that has a specialized rehabilitation department. It is here that people undergo treatment after amputations and learn to live with new limitations. But without wheelchairs, full rehabilitation is impossible.

After surgery, the hospital provides wheelchairs that patients can take home, but almost no one returns them. Not because people are dishonest, but because they simply have nothing to replace this only means of transportation.

Every year, more than 600 limb amputation surgeries are performed at the Svaliava Hospital. Many of these patients have diabetes, but there are also those who have suffered injuries as a result of accidents. Each of them needs a wheelchair.

Today, Svaliava City Hospital sincerely thanks the charitable organization ADRA Ukraine for its assistance in providing wheelchairs for people who have suffered severe injuries. Thanks to this support, patients who have undergone amputations are able to undergo full rehabilitation, move around independently, and return to life outside the hospital walls more quickly.

ADRA Ukraine's assistance is not just a transfer of equipment, but a real contribution to restoring human dignity, mobility, and faith in the future. For hospital patients, this means the opportunity to be close to their families again, to feel support and encouragement during the most difficult period of their lives.

OLEKSANDR FIZER, DIRECTOR OF SVALIAVA CITY HOSPITAL



A total of **949 wheelchairs** have been distributed, including **613** over the past year: **305 for individual use** and **308 provided to hospitals** - more than **1 500 people** covered.

In total, more than **2,144 beneficiaries** have been covered.

**"SOMETIMES AFTER SHELLING,
WE FEEL DISCOURAGED.
BUT WE KNOW THAT PEOPLE
NEED US, AND THAT MOTIVATES
US TO CONTINUE OUR MISSION."**

Maryna Ilnytska, Registrar of ADRA Ukraine

Maryna Ilnytska helps residents of the Beryslavskyi district in the Kherson region receive food kits as part of a project run by the United Nations World Food Programme (WFP) and implemented by ADRA Ukraine with the support of ADRA Switzerland. We spoke with Maryna about her journey, her work, and the challenges she faces.

— Maryna, tell us about yourself and how you got involved in the project.

— I am from Beryslav city. I am a kindergarten teacher by education and worked in Kherson before the war. With the start of the full-scale invasion, I returned home, where I had to live through the entire period of occupation. Those were terrible times, and sometimes it seemed like I was saying goodbye to life. But God protected me.

On November 11, 2022, Beryslav was liberated, and on November 14, the first buses with humanitarian aid arrived. I was asked to help with the distribution. At that time, I did not know that it was WFP and ADRA; I just saw the logos on the boxes. First, I involved my husband, then my parents, and later I received an official offer to work. I agreed without any doubts. From 2023

I am already part of the team. The feeling that people need us has become a huge moral support for me.

— You work in dangerous conditions. What motivates you the most?

— The fact that I live in the Beryslavskyi district, close to these people. I see and hear the shelling, I have experienced it all. I remember drones hunting our car when we were distributing humanitarian aid. In the surrounding settlements, there is no electricity, no gas, no water, and the shops are closed. In other words, the infrastructure is completely cut off. When you bring even a small food kit, you realize that it can save a person's life. Bread during wartime is sacred. A can of stew or a liter of oil means the opportunity to fry something, to cook food even on a campfire.

Example: about a year and a half ago, there were about 850 people living in the village of Zmiyivka, but now there are only six left. When we bring them aid, they write: "Thank you for supporting our lives. Thanks to you, we are surviving." It is these words, this gratitude from people, that motivates us. It gives us strength and the desire to continue.

— Have there been any air attacks on your team?

— Yes. The first time it happened in the Tyagynska community. We stopped in the village of Odradokamyanka. Later, I realized that someone must have betrayed us.

Why do I say that? Because we brought aid to the village in two cars and had to go back to load up again.

When we approached the village for the second time, artillery fire from the left bank began to target us. We were being hit in the fields — the road ran between fields on both sides. We sat there and thought: go home and return in



the morning, or stay and provide assistance now, because we knew that people were waiting for us.

I was wearing a bulletproof vest. At that time, aid was not delivered in boxes but needed to be packaged. Flour was delivered separately, and we packaged everything on site. We had agreed on the premises.

We returned to Odradokamyanka, and then artillery shells began flying overhead. I didn't even feel the weight of my bulletproof vest: I threw four 20-kg bags of flour and handed them to the guys as if they were sheets of A4 paper.

It was the first time this had happened...

And then there was another case — it has already been reported on the ADRA Ukraine website, Facebook, and Instagram pages.

It happened in Beryslav, when we were loading food kits to take them to Novoberslav. There were three cars planned to deliver the aid, and that's when two drones dropped three charges on us. It was August 11, 2023. I remember that date well — now I celebrate it as my second birthday. Thank God, no one was hurt.

The men who were loading the kits into the cars heard the sound of the drone and managed to hide. I was sitting right in front of the warehouse door.

The drone flew up and dropped its payload on the cars, sending a shockwave straight in my direction. The guys even said, "You're like a tigress." They said I was sitting calmly, then I stood up and said, "Guys, let's go!" — and went to hide. It was also a state of affect — when you're not worried about yourself, but about other people.

Although I understood that the drone could fly inside the warehouse. At that point, they already had a practice of flying into buildings and dropping explosives there.

We moved two walls away, closed the door, and stood there waiting for it all to end. It took me an hour and a half or two to understand what had happened...

But that didn't stop us. Three days later, we went to Novoberslav. Even though I had a second-degree concussion. It was officially confirmed: I was in the hospital, receiving IV treatment and taking pills. After treatment, we still set off on our journey.

On the very first day after my discharge, I sat down and drove to deliver aid to people.

— How do you recover after difficult, exhausting days?

— I still work as a teacher in a kindergarten in Kherson, conducting online classes. These children are scattered throughout Ukraine and around the world — Poland, the US, Germany, Finland, Odesa, Kryvyi Rih city. You know, when you wake up in the morning and there is shelling or something is happening nearby, you are afraid, you just give up, you don't want to do anything. But in the evening, you go to an online meeting, teach a class for children in a kindergarten, and see those little eyes, those sincere smiles... And then the fear that had paralyzed you just a moment ago disappears. Because in their eyes, you see hope and peace. And it's as if you are completely rebooted.

You forget about everything else and realize: here it is the next generation, for whom you must persevere, work, and never, under any circumstances, show

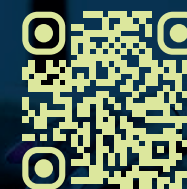
them fear in your eyes. And they say, "Maryna Ihorivna, let's work some more! When will we see each other again? We'll be doing something tomorrow, won't we?"

I don't know what will happen to me tomorrow. But I say, "Yes." And I prepare exercises for them for the next day. And in the morning, I go to the danger zone, provide assistance, knowing that my children are waiting for me in the evening.

— Does faith help you?

— Yes. Every time I arrive at my destination, I say, "Thank you, God, for sending me a guardian angel."

When I wake up, I thank God for what He has given me today. And tomorrow will be tomorrow. Without this, I would not be able to cope.



The full text of the interview is available via the QR code



"WORKING IN THE HUMANITARIAN FIELD IS EXACTLY WHAT YOU SHOULD BE DOING TODAY."

Photographer and videographer Dmytro Bilyi

Filming humanitarian stories is not only about reporting, but also about empathy, courage, and endurance. Dmytro Bilyi, cameraman and photographer for the charity organization ADRA Ukraine, talks about his professional calling, working under fire, filming evacuations, and the lives of people in the war zone. He also discusses why working in the humanitarian field gives meaning to his life and keeps him in Ukraine.

— **Dmytro, tell us a little about yourself. How did you get into this profession and end up on the ADRA Ukraine team?**

— I graduated from The Kyiv National Ivan Karpovych Karpenko-Karyi Theatre, Cinema and Television University, where I studied to be a film and television cameraman and photographer. I have been working in my field for 17 years. I live in Bucha city, Kyiv region. That is where the full-scale war caught up with me — my family and I spent the first week under shelling, and then we evacuated to Zakarpattia region to stay with friends.

There, I started volunteering together with other displaced persons, we received food from ADRA Ukraine and distributed it to nearby villages. At some point, I started filming — how we distributed aid, how people lived. It was a kind of reportage content — both photos and videos. Later, the organization's PR department began to involve me, asking me to do some more filming. Some of the shots taken at that time feature my wife and daughter — her photo is printed in the report journal "Protecting the Heart of the Nation in Times of War."

And since March 2023, I have been officially part of the team as a photographer and videographer for ADRA Ukraine. For me, this is not just a job — I have truly found meaning in this field that resonates with my inner convictions.

— **You said that you found meaning in this work. What, in your opinion, is the mission of a photographer in a humanitarian context?**

— Before the war, I worked as a photojournalist for the news. I always thought that military photographers had the most extreme and interesting type of photography. It seemed difficult, but at the same time romantic — as if you could prove yourself, earn more money, and demonstrate your professional qualities. But when the war came to my home, that vision was shattered. My family and I were trapped in Bucha. My daughter was only two years old at the time. We lived in the basement for

a week, trying to find a safe way to evacuate. And only on March 4 did we manage to leave. That's when I saw the true face of war and realized that there is nothing romantic about it. After that, I never looked at war as something "interesting to film" again. War is about pain, fear, and loss...

When I started working with ADRA Ukraine, I saw how humanitarian aid really changes people's lives. And I realized that I could be useful. There were periods in my life when I was involved in documentary filmmaking, news reporting, or even wedding photography. But now, during the war, I believe that humanitarian work is exactly what I should be doing. My camera is a tool for bringing people's stories to the world. And it has become a real mission: to help through my profession. That's what keeps me here in Ukraine. I don't want to leave — I want to be part of a common cause that brings victory closer.

— **What exactly do you photograph in your daily work?**

— 90% is reporting. I take photos, shoot videos, and write short stories. First and foremost, this is reporting to donors. It is a mandatory part of the job. But at the same time, it is a way to show the world that humanitarian aid is actually reaching the people who need it. And that this support is still very much needed.

It is important for me not just to record the event, but to convey stories of people. If it's the distribution of food kits, I try to

show who these people are, how they live, what their conditions are like. I often conduct short interviews with them to gather information for future projects. The picture is not just a portrait, but the circumstances of life, the background, the details that speak louder than words.

I particularly remember filming the evacuations — when we were transporting people from towns near Kurakhove, Selidove, and from the city of Ukrainka. These were bedridden patients and people with limited mobility. Sometimes they were in wheelchairs, sometimes they were carried out of their homes in people's arms, along with their belongings and pets — cats and dogs. We helped them leave for safer regions. Now, the towns from which we evacuated people are either occupied or the soldiers has come very close.

I also remember many shoots in the Donetsk region, in cities such as Lyman, Sloviansk, and Kramatorsk, where public transport carried people from remote villages to cities where the infrastructure was still functioning. These were mainly elderly people who had not left. Our drivers work there and take risks every day, but they make these people's lives a little easier. Filming such stories is not about spectacular shots, but about human dignity, which we want to preserve.

— **How do you cope emotionally? Are there moments when it's difficult?**

— Often. For example, when we were in Zaporizhzhia, guided aerial bombs fell not far from us. We were filming the distribution of building slate, and nearby the evacuation of the wounded and dead began. Such situations leave a mark. After some shoots, you don't eat or drink anything, you remain silent for hours.

But sometimes it's different, when you go to an interview and they select people with the most

painful stories for you. I can talk to ten people a day, and almost every one of them is in tears. You let it all wash over you, and in the evening you just want to talk to a psychologist. Such emotional stress is part of this job.

— **How are you recovering?**

— Nature. My daughter. My family. The best recover for me is somewhere in nature. Back then, in 2022, the Zakarpattia mountains gave me the feeling that I was still alive. And even now, when I want to recharge, I go to the forest, just walk, and listen to the silence.

— **Are there any shots that you are particularly proud of?**

— There are series that I return to from time to time. For example, filming in the village of Novohryhorivka in the Mykolaiv region. There are almost no intact houses left there — everything has been completely destroyed. And there were a lot of artifacts of war there — fragments of rockets, shells... We filmed grandmothers who were preparing for winter but had nothing to cover their roofs with. I was there three times and each time the footage turned out to be powerful and honest.

Another memorable moment was in Kupiansk, Kharkiv region. Very close to the front line, lots of destruction, tension in the air — but also a lot of humanity and strength. Some powerful photos came out of there too.

Or here's a story about a boy somewhere near Izium: he's sitting in a car surrounded by boxes of humanitarian aid, and his eyes are incredibly expressive.

I remember the day when the attack on the Ohmatdyt Children's Hospital in Kyiv took place. I happened to be nearby with my camera. I knew that ADRA Ukraine had sent a relief team there. I arrived at the place immediately after the attack. There were many people there — children, adults, medical workers, volunteers who were clearing the

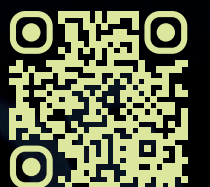
rubble. This shoot was very emotional — literally in the first minutes after the tragedy. We also shot a short video (reels) that garnered over 35,000 views. The footage included both the wounded and, sadly, the dead. We didn't publish all the photos — some were too difficult to look at. But there are several posts from this series on Instagram. This is one of those shoots that you never forget — it shows the real cost of war.

Another memorable series was shot in Kharkiv when there was a threat of occupation of the city. It was last spring. I was sent there to show how the city was living during those anxious days. A friend from Kharkiv took me to different locations, and we captured a lot — both anxiety and resilience. People were very worried at the time that the city could be captured at any moment. This series is also important to me. We often return to it when we need footage of Kharkiv. It is very eloquent.

— **You mentioned that your material are sometimes used by international partners. Does this really work?**

— Yes. Although it is not always immediately apparent. This is the teamwork of our PR department. We constantly publish reports, photos, stories and ADRA representatives in other countries see this.

Our photos are often used by international organizations such as the United Nations World Food Programme. Our photos live their own lives — sometimes in reports, sometimes in publications. And they really do have an impact.



The full text of the interview is available via the QR code

ADRA UKRAINE

PROGRAM STRATEGY

FOCUS 2026

WINTERIZATION 2026–2027 (CROSS-SECTORAL APPROACH)

Trend toward comprehensiveness: not only fuel, but also minor repairs to heating systems (chimneys / pipes / ventilations), insulation (windows / walls / roofs), energy-efficient heaters

Prioritizing funding for solid fuel (providing flexibility, fewer logistical risks, market support)

Support for portable charging stations for circulation pumps / emergency lighting

Development of "Points of Invincibility" and autonomous modules near schools / hospitals / shelters (solar panels, pumps, autonomy)

ENERGY AND RECOVERY (WASH / SOCIAL INFRASTRUCTURE)

Decentralization of energy (solar panels on hospitals / schools / IDP centers, battery stations, microgrids)

Energy-efficient renovation of buildings + modernization of heat supply

Sector synergies: WASH + Energy + Health / Education / Collective Sites



PSYCHOSOCIAL AND LEGAL ASSISTANCE

Transition from "individual consultations" to an integrated support system in communities and public services



RECONSTRUCTION OF WATER SUPPLY INFRASTRUCTURE

From "repair" to modernization and sustainability (build back better) + decentralized solutions for communities



FOOD SECURITY AND LIVELIHOODS

Food assistance — flexible tools, targeting, market support, and household resilience



EDUCATION

EiE as systemic work: "Education + Safety + Mental Health + Infrastructure"



INSTITUTIONAL DEVELOPMENT AND HARMONIZATION WITH THE EU

Strengthening community institutions and services + preparation for long-term programs (2026–2027) and standards / approaches close to those of the EU



SUPPORT FOR EX-COMBATANTS

Removing barriers to access (stigma / distrust) + support for families and service systems



PROTECTING WOMEN'S RIGHTS AND OPPORTUNITIES

Combining protection, legal aid, and psychosocial support with access to community services



SUPPORT FOR CHILDREN (ADRA KIDS)

Focus on comprehensive support for vulnerable children, combining mental health, extracurricular education, creative development, and safe spaces. The goal is to reduce educational and psychological losses caused by the war and develop skills for the future.

WE SINCERELY THANK OUR PARTNERS

We greatly appreciate your support and look forward to continuing our journey together.

Every partnership is a new opportunity to help people in need. Thanks to you, we are able to implement projects that give hope and restore strength to those who need it most.

Special thanks to ADRA International and ADRA offices around the world.

"MISSION TO LIVE" — CLOTHING WITH MEANING

The «Mission to Live» brand is implementing an initiative aimed at supporting the children of ex-combatants and displaced persons. All proceeds from product sales go to **ADRA Kids**, a project that helps children who have suffered from full-scale war and find themselves in difficult life circumstances.



МІСІЯ ЖИТТЯ



"CHOOSE LIFE"

A BOOK ABOUT HOW TO WIN THE WAR FOR YOUR FUTURE

A team of psychologists from the **Health360** psychological service, in collaboration with specialists from **ADRA Ukraine**, has published a book entitled «Choose Life», which contains real stories and professional advice on restoring psychological health during wartime.

248 pages of professional content;
9 sections ranging from physical dangers to environmental challenges;
30+ unique recovery techniques and practices;

"In this edition, we have collected stories of Ukrainians who have experienced loss, evacuation, occupation, war crimes... We want to show that life after this is still possible. That there is hope."

What the reader gets:

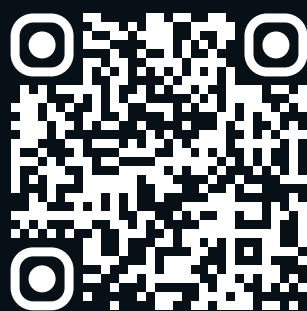
- Step-by-step self-help instructions;
- Techniques for overcoming traumas;
- Methods for working with children.

For more information, scan the QR code:



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